

HESM 303 Sport Science Practicum Course Syllabus

Instructor Information

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Sport Science Minor Webpage: <http://hes.dasa.ncsu.edu/minor-programs/sport-science>

Course Information

Class Location: Arranged

Credit Hours: 1

Course Prerequisites:

- Completion of all Sport Science Minor courses
- Grade of C- or above in all minor courses
- Permission of Minor Coordinator to enroll
- First Aid and CPR Certification or Equivalent

GEP Category: This course does not fulfill a General Education Program requirement

Course Description

A 30 hour (minimum) practical experience in a setting related to the Sport Science Minor curriculum. It is the student's responsibility to procure a location or sport science professional in the Raleigh area to complete those hours with. HESM 303 should be the final class requirement the student shall complete for the Sport Science Minor however it may be taken concurrently with another class. If a student is offered an opportunity to complete HESM 303 before the rest of the classes are completed that can be discussed with the Sport Science Minor coordinator.

Students are encouraged to procure a position within a setting of each student's academic interests. For example, if a student is interested in Physical Therapy or Nutrition then attempt to find a local Physical Therapist or Nutritionist, respectively, to complete HESM 303 requirements.

HESM 303 can be an internship, job shadow, or similar position. It may or may not offer a stipend or monetary compensation. The student may need to pay for fees associated if required by their acquired position, such as, background checks, application fees, and transportation to and from the location.

There is a course pack provided on Moodle the student is required to submit upon completion of their hours.

It is important that the student provide accurate information regarding the location, contact information of supervisor, a brief description of desired experiences, including projected hours to be fulfilled during the practicum. This information should be submitted through the SSM Site Information sheet available on Moodle. The SSM Site Information sheet should be submitted upon beginning your hours.

Practicum Learning Outcomes and Expectations

HESM 303 is designed as an inquiry-guided learning program. The student is expected to communicate with their site supervisor concerning their educational and practical expectations. If the site supervisor is not able or willing to meet the student's expectations the student should explore other options.

The course pack is meant to guide the student's goals and reflect back on their experience but the SS Minor program expects each student to have their own goals, outcomes, and experience expectations so they can get the most positive experience possible.

The intended learning outcomes for each HESM 303 student are:

- Explain and demonstrate applications of theory to practice
- Identify needs and evaluate progress in areas of personal and professional development
- Develop interpersonal and social skills
- Gain insight into professional practice
- Test interest for a position in a health science related setting
- Develop a positive attitude toward inquiry-guided learning and reflective practice

Expectations of each HESM 303 students while at Practicum Site:

- Comply with the agency policies and operational procedures
- Follow the appropriate professional guidelines and code of conduct
- Maintain professional standards of confidentiality
- Give prior notice of necessary absences to the site supervisor
- Provide personal transportation to and from the practicum site

Course Resources

The course pack will be available through Moodle.

Be sure to confirm access to the website and acquire any necessary software to use the course resources within the first 2 weeks of the semester.

Practicum Performance Review

At the completion of the practicum all students must submit the course pack through Moodle. The Sport Science Minor Coordinator will review those materials. This course is graded on a Satisfactory/Unsatisfactory basis. Students must complete the course pack at a satisfactory level to receive credit. The course pack must be submitted by the final regular class day of the semester.

Communication

Students are encouraged to contact the Sport Science Minor coordinator with any questions during the semester. Email communication is expected to take place via the NCSU email system and students are required to monitor their NCSU account for emails concerning HESM 303.

Academic Integrity

For all written assignments, students will be expected to adhere to the **University Honor Code**: "I have neither given nor received unauthorized aid on this test or assignment." It is the understanding and expectation of the instructor that the student's signature on any test or assignment means that the student neither gave nor received unauthorized aid. Consult the university website:

http://www.ncsu.edu/policies/student_services/student_discipline/POL11.35.1.php

Students with Disabilities

Reasonable accommodations will be made for students with verifiable disabilities. In order to take advantage of available accommodations, students must register with Disability Services Office at 1900 Student Health Campus Box 7509, 515-7653.

See <http://www.ncsu.edu/dso/>

For more information on NC State's policy on working with students with disabilities, please see the

Academic Accommodations for Students with Disabilities Regulation

(http://www.ncsu.edu/policies/academic_affairs/courses_undergrad/REG02.20.1.php).

Anti-Discrimination Statement

NC State University provides equality of opportunity in education and employment for all students and employees. Accordingly, NC State affirms its commitment to maintain a work environment for all employees and an academic environment for all students that is free from all forms of discrimination. Discrimination based on race, color, religion, sex, creed, national origin, age, disability, veteran status or sexual orientation is a violation of state and federal law and/or NC State University policy and will not be tolerated. Harassment of any person (either in the form of quid pro quo or creation of a hostile environment) based on color, religion, sex, creed, national origin, age, disability, veteran status or sexual orientation is also a violation of state and federal law and/or NC State University policy and will not be tolerated. Retaliation against any person who complains about discrimination is also prohibited. NC State's policies and regulations covering discrimination, harassment, and retaliation may be accessed at http://www.ncsu.edu/policies/campus_environ or http://www.ncsu.edu/equal_op. Any person who feels that he or she has been the subject of prohibited discrimination, harassment, or retaliation should contact the Office for Equal Opportunity (OEO) at 515-3148.

NC STATE

HEALTH AND EXERCISE STUDIES



The Health & Exercise Studies Department offers the Take 8 at State NC State Program to encourage students to enroll in a HES course (100 or 200) level each semester. Students are awarded a Nalgene water bottle after 4 and a Take 8 at State t-shirt after 6.

Minors offered through Health & Exercise Studies

- **Coaching Education**
- **Sports Science**
- **Health**
- **Outdoor Leadership**
- **Dance**

For More Information visit: <https://hes.dasa.ncsu.edu/minor-programs/>