

**HESD 273-194 Jazz Dance I**  
**Health and Exercise Studies**  
**Spring 2016, February 29-April 25**

**Instructor:** Beth Wright Fath  
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**Email:** beth\_fath@ncsu.edu  
**Office hours:** MW 9:30-10:30am, TTH 10:30-11:30am, Fri. by appointment  
**Course Meeting:** TH 11:45-1:35pm, February 29-April 25  
**Prerequisites:** None  
**Credit Hours:** One  
**Phone:** 919-513-1545

**Required Text:** Kraines, M. G., & Pryor, E. (2005). *Jump into jazz* (5th ed.). New York, NY: McGraw-Hill. \$40.10

**Course Description:** This beginning-level technique class covers basic jazz dance skills in warm-up exercises, combinations, and compositions. A variety of jazz styles are covered including one or more of the following: classical (Luigi/Giordano), Broadway, contemporary, Afro-jazz, and others.

**Health Information Statement:** *Physical activities in this class are considered moderate to vigorous and are considered limited contact. The NC State Department of Health and Exercise Studies supports the development and improvement of physical health, while doing so safely. If you have a known medical condition that could be adversely affected by participating in the typical activities of this class, please contact your usual physician for recommendations about how to participate safely or whether it is more appropriate to choose a different HES course. If your physician has provided you with recommendations to modify participation in this class, please share those recommendations with the instructor within the first week of class, if possible. If you are not certain whether you have a medical condition that puts you at risk for participation in this class or have a medical condition and cannot access your usual physician in a timely manner for recommendations for safe participation, consider making an appointment at Student Health to discuss your concerns (appointment number is 919.515.7107 or book on-line at [healthweb.ncsu.edu](http://healthweb.ncsu.edu)).*

**GEP Objectives for Courses in the Category of Physical Education**

Each course in the physical education category of the General Education Program will provide instruction and guidance that help students to:

1. acquire the fundamentals of health-related fitness, encompassing cardio-respiratory and cardiovascular endurance, muscular strength and endurance, muscular flexibility and body composition; and
2. apply knowledge of the fundamentals of health-related fitness toward developing, maintaining, and sustaining an active and healthy lifestyle; and
3. acquire or enhance the basic motor skills and skill-related competencies, concepts, and strategies used in physical activities and sport; and
4. gain a thorough working knowledge, appreciation, and understanding of the spirit and rules, history, safety, and etiquette of physical activities and sport.

## GEP Student/Course Learning Outcomes

By the end of this course, the student will:

1. Demonstrate and explain the fitness requirements necessary for a beginning-level of jazz dance including cardio-respiratory and cardiovascular endurance, muscular strength and endurance, muscular flexibility and body composition.
2. Discuss and explain how participating in jazz dance classes can develop, maintain, and sustain an active and healthy lifestyle.
3. Demonstrate beginning jazz dance skills and the ability to perform jazz phrases and combinations.
4. Acquire theoretical and historical knowledge about jazz as a dance style, which will allow the student to form a system of values (i.e. use of space and lighting) about the art.

### Grading:

#### Written Exam – 25%

Students will be expected to demonstrate their knowledge of the material covered in class and assigned readings by completing one written exam on Moodle.

#### Critical Paper – 25%

Students will attend a professionally-choreographed concert, (selected from the options at the end of this document) and will write a 3-page paper in response to the concert. Students will also use their textbooks and lecture notes to discuss the context of the performance. More specifics about the paper will be posted on Moodle.

#### Practical Skills Testing – 50%

Students will perform a variety of jazz combinations for evaluation of proper execution. There will be two (2) movement tests in which the student can earn up to 15% for each, and then a final practical worth 20%.

Rubric:

Principles	Points (1=not present, 2=rarely present, 3=occasionally present, 4 mostly present, 5=always present)				
Correct Alignment	1	2	3	4	5
Weight Distribution/Shift	1	2	3	4	5
Flow	1	2	3	4	5
Musicality	1	2	3	4	5
Performance Quality	1	2	3	4	5
Proper execution of steps/sequence	1	2	3	4	5

### Grading Scale:

*Each student has the option of taking the class for a letter grade (+/-), credit only, or audit.*

97 - 100 = A+	93 - 96.99 = A	90 - 92.99 = A-
87 - 89.99 = B+	83 - 86.99 = B	80 - 82.99 = B-
77 - 79.99 = C+	73 - 76.99 = C	70 - 72.99 = C-
67 - 69.99 = D+	63 - 66.99 = D	60 - 62.99 = D-
0 - 59.99 = F		

\*\*\*\*Moodle will be used for this class at <http://moodle.wolfware.ncsu.edu>. It is important that you log in for quizzes and assignments throughout the semester. Each quiz will be opened during the days posted on your syllabus. Once you log into the exam you will have a set amount of time to take the exam before the time shuts off. If you have any technical issues with your exam or with Moodle you must contact the Help desk for Moodle, *not your instructor*. You will find the contact phone number and email on your Moodle homepage. Remember, that screen shots or pictures of your screen are your best documentation of any issues. You will have ample time to take the exam so do not wait until the last minute.

**Late Assignments:** Written assignments are due in class or on Moodle as described in the assignments. Late assignments will be accepted for a maximum of ½ credit within one week of the due date. Assignments will not be accepted one week past the due date.

**Attendance:**

Students are expected to attend all classes and to arrive and leave at the scheduled times. The instructor will adhere to the university attendance policy. In the case of an excused absence, the student will provide official documentation and then be allowed to make up any graded work missed within one week of returning to class. Students are responsible for submitting such work and for scheduling make-up exams with the instructor.

See [http://www.ncsu.edu/policies/academic\\_affairs/courses\\_undergrad/REG02.20.3.php](http://www.ncsu.edu/policies/academic_affairs/courses_undergrad/REG02.20.3.php).

- *The student will be allowed 3 absences (excused or unexcused). Four absences of any kind will result in a failing grade. If no classes are missed, 3 points in extra credit will be awarded.*

<i>Absences</i>	<i>Points</i>
<i>0</i>	<i>+3</i>
<i>1-3</i>	<i>0</i>
<i>4</i>	<i>F</i>

**Make ups for missed tests** (written or physical) are at the discretion of the instructor. Make ups will be considered with a verifiable, documented issue, provided that the instructor is contacted prior to the next class meeting.

**Attendance** recording begins the first class meeting.

**Participation:** This is a participation-based class. If you cannot participate in class for any reason, you will be considered absent.

**Tardy:** Please be on time. Two tardies = one absence. A tardy extends into the first 15 minutes of class. If you are later than 15 minutes, you will be counted absent.

**Requirements for Credit Only:** In order to receive a grade of S, students are required to take all exams and quizzes, complete all assignments, and earn a grade of C- (70%) or better. A grade of U will be reported if the student exceeds 3 absences (excused or unexcused). Conversion from letter grading to credit only (S/U) grading is subject to university deadlines. Refer to the Registration and Records calendar for deadlines related to grading. For more details refer to:

[http://www.ncsu.edu/policies/academic\\_affairs/courses\\_undergrad/REG02.20.15.php](http://www.ncsu.edu/policies/academic_affairs/courses_undergrad/REG02.20.15.php)

**Note: The student is responsible for requesting credit only grading on MyPack Portal by the**

**University dead line.** *\*\* 3/24 is the last day to drop a class or change to credit only.*

**Requirements for Audit:** Students must attend all classes and will be allowed three absences before NR will be recorded as a final grade. [http://www.ncsu.edu/policies/academic\\_affairs/pols\\_regs/REG205.00.5.php](http://www.ncsu.edu/policies/academic_affairs/pols_regs/REG205.00.5.php)  
Audit students do not have to take written exams, but do have to write the concert paper.

**Incomplete Grades:** [http://www.ncsu.edu/policies/academic\\_affairs/grades\\_undergrad/REG02.50.3.php](http://www.ncsu.edu/policies/academic_affairs/grades_undergrad/REG02.50.3.php)  
Incomplete grades will be assigned only if unavoidable and unforeseen events occur, such as a medical emergency, preventing the student from completing a course requirement before the final grades are submitted. Incompletes must be made up before the end of the next regular semester in which the student is enrolled and in no case may be made up more than 12 months after the end of the semester in which the IN is awarded, unless the teacher or department offering the course is not able to provide the student with an opportunity to make up incomplete work, in which case the period can be extended. Make up work is to be limited to accomplishing the work not completed.

**Electronic Hosted Course Components:** Students may be required to disclose personally identifiable information to other students in the course, via electronic tools like email or web postings, where relevant to the course. Examples include online discussions of class topics, and posting of student coursework. All students are expected to respect the privacy of each other by not sharing or using such information outside the course.

**Proper attire:** Students are required to wear leggings/dance pants/yoga pants, a fitted tank top or tshirt, and black or tan jazz shoes. No dangling jewelry. Points will be deducted for improper attire. NO chewing gum.

**Emailing the Instructor:** In order to receive a response from your instructor, your email should be structured as follows:

- Properly address your instructor
- Identify who you are, the class (including section or day/class time) you are in, and the purpose of your email.
- Please be specific and use complete sentences.

**Online class evaluations** will be available for students to complete during the last 2 weeks of semester. Students will receive an email message directing them to a website where they can login using their Unity ID and complete evaluations. All evaluations are confidential; instructors will not know how any one student responded to any question, and students will not know the ratings for any instructors.

Evaluation website: <https://classeval.ncsu.edu/>

Student help desk: [classeval@ncsu.edu](mailto:classeval@ncsu.edu)

More information about ClassEval: <http://www.ncsu.edu/UPA/classeval/>

### **General Information:**

1. **Academic Integrity:** For all written assignments, students will be expected to adhere to the **University Honor Code:** “I have neither given nor received unauthorized aid on this test or assignment.” It is the understanding and expectation of the instructor that the student’s signature on any test or assignment means that the student neither gave nor received unauthorized aid. Consult the university website:

[http://www.ncsu.edu/policies/student\\_services/student\\_discipline/POL11.35.1.php](http://www.ncsu.edu/policies/student_services/student_discipline/POL11.35.1.php)

2. **Students with Disabilities:** Reasonable accommodations will be made for students with verifiable disabilities. In order to take advantage of available accommodations, student must register with the Disability Services Office (<http://www.ncsu.edu/dso>) located at 1900 Student Health Center, Campus Box 7509, 515-7653. For more information on NC State's policy on working with students with disabilities, please see the Academic Accommodations for Students with Disabilities Regulation at [http://www.ncsu.edu/policies/academic\\_affairs/courses\\_undergrad/REG02.20.1.php](http://www.ncsu.edu/policies/academic_affairs/courses_undergrad/REG02.20.1.php).
3. **Anti-Discrimination Statement:** NC State University provides equality of opportunity in education and employment for all students and employees. Accordingly, NC State affirms its commitment to maintain a work environment for all employees and an academic environment for all students that is free from all forms of discrimination. Discrimination based on race, color, religion, sex, creed, national origin, age, disability, veteran status or sexual orientation is a violation of state and federal law and/or NC State University policy and will not be tolerated. Harassment of any person (either in the form of quid pro quo or creation of a hostile environment) based on color, religion, sex, creed, national origin, age, disability, veteran status or sexual orientation is also a violation of state and federal law and/or NC State University policy and will not be tolerated. Retaliation against any person who complains about discrimination is also prohibited. NC State's policies and regulations covering discrimination, harassment, and retaliation may be accessed at [http://www.ncsu.edu/policies/campus\\_environ](http://www.ncsu.edu/policies/campus_environ) or [http://www.ncsu.edu/equal\\_op](http://www.ncsu.edu/equal_op) . Any person who feels that he or she has been the subject of prohibited discrimination, harassment, or retaliation should contact the Office for Equal Opportunity (OEO) at 515-3148.
4. Due to the nature of the activities in this class, it may be necessary for the instructor and students to have some amount of physical contact to assist in acquiring the proper form/technique. The student should inform the instructor if they do not want any physical contact to assist in acquiring the proper form/technique.
5. Every fitness activity has certain inherent risks, and regardless of precautions taken it is impossible to ensure total safety. Adhere to all safety guidelines to reduce your risk of injury.
6. The use of illegal drugs, tobacco products, or alcoholic beverages are prohibited.
7. It may be appropriate to inform the instructor within the first week of class if you have any medical issues that would affect your participation throughout the semester in this course.
8. Pets and visitors are not allowed during class periods. Firearms, weapons, and/or fireworks are prohibited from class.
9. Please turn off cell phones during class time.

***\*We will be using Moodle for this course. Please log in with your unity id to <http://moodle.wolfware.ncsu.edu> to access handouts and assignments.***

### Spring 2016 Course outline:

DATE	ACTIVITY	READINGS
3/1	Introduction/Orientation	Chapter 2 (pp.29-33), Ch. 3 (pp. 39-46)

3/3	Jazz technique - plies	Chapters 4 & 5
3/8 & 10	Spring Break	
3/15	Jazz technique - tendus	Chapter 9
3/17	Jazz technique, Movement test 1	Chapter 7
3/22	Lecture/Video, room 2037	Chapter 1, Ch. 2 (pp.34-36), Moodle handout
3/24	<b>Written Exam (Moodle)</b> , Jazz technique, Last day to drop or change grading status	Chapter 6
3/26	Jazz technique	
3/28	Jazz Technique - pas de bourees	
4/5	Jazz technique – <b>Movement test 2</b>	
4/7	Jazz technique	
4/12	Jazz technique – grand jetes	
4/14	Jazz technique - chasses	
4/19	Jazz technique – 3 step turn	Chapter 8
4/21	<b>Practical exam, ** Concert paper due**</b>	

\*\*\* You are required to attend one of the following concerts to write your performance review. You may see:

- 1) Lil Buck at Chapel Hill, 4/15-16, at UNC-CH, for more information  
[https://www.carolinaperformingarts.org/ros\\_perf\\_series/lil-buck-chapel-hill-a-jookin-jam-session-with-special-guests-sandeep-das-tabla-johnny-gandelsman-violin-and-cristina-pato-bagpipes/](https://www.carolinaperformingarts.org/ros_perf_series/lil-buck-chapel-hill-a-jookin-jam-session-with-special-guests-sandeep-das-tabla-johnny-gandelsman-violin-and-cristina-pato-bagpipes/)
- 2) Contra-Tiempo, 4/9, NC State, for more information  
<http://www.ncsu.edu/centerstage/currentseason/index.html>
- 3) Panoramic Dance Company, 3/16 & 17, NC State, for more information  
<http://www.ncsu.edu/dance/events.html>
- 4) **The Lion King**, 2/16-3/13, or **Cabaret**, 4/19-24, at DPAC, for more information  
<http://www.dpacnc.com/events/detail/disneys-the-lion-king> or  
<http://www.dpacnc.com/events/detail/cabaret>
- 5) A professionally-choreographed musical, pre-approved by the instructor. To get approval, email the website and any pertinent information about the performance to the instructor at least 2 business days prior to the date you wish to attend. You must have email approval from the instructor for the performance (and your paper) to count towards your grade. The instructor will not be responsible for any money spent if the student purchases tickets prior to the student gaining instructor approval for the concert.

If you do not attend one of the suggested concerts, cannot find a concert meeting instructor approval, and/or do not submit a paper, you will receive a 0 for this assignment.