

Performance Scales for the Self Pass Test Protocol

Test Description:

- Performed the same as the self volley, except only forearm passes are counted
- Players must use proper form or the pass does not count

Raw Score for Men	Percentage	Raw Score for Women
50 and above	100	46 and above
44-49	95	40-45
38-43	90	39-44
32-37	85	32-37
27-32	80	26-31
26-31	75	25-30
25-30	70	24-29
	65	
	60	
	50	